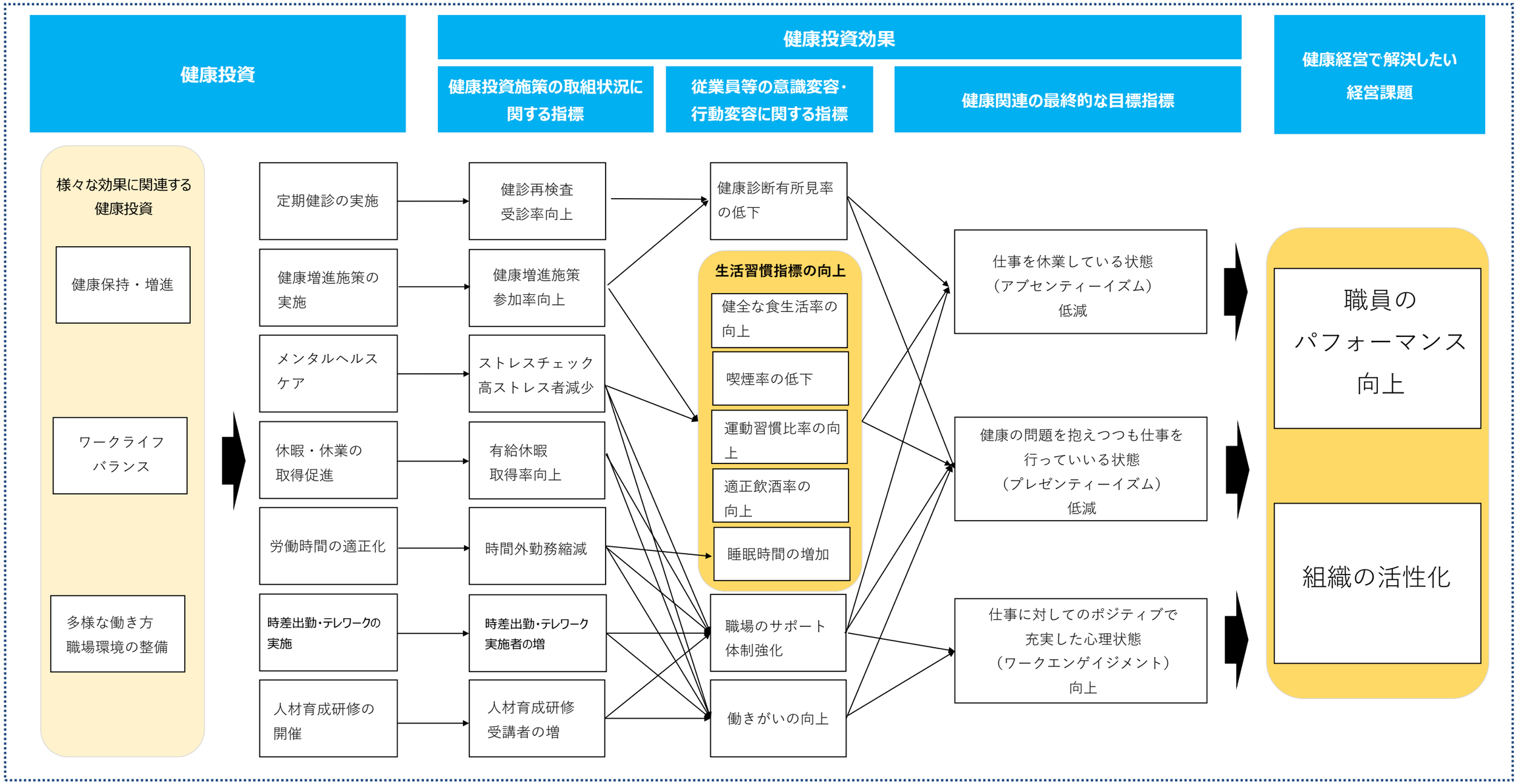【須坂市健康経営戦略マップ】