

After Yonako Falls, refresh
in a hot spring! Local
Suzaka specialty foods and
souvenirs are also available!

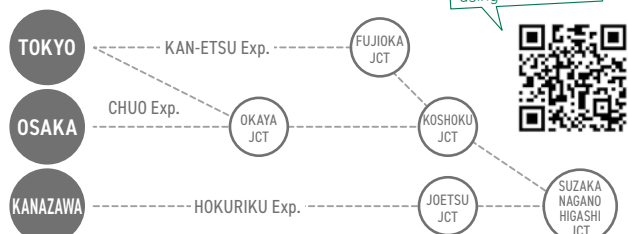
Sekiya Onsen Yukkuland

This day-visit hot spring onsen
facility features 14 diverse baths
of 10 different types. The facility
is also fully equipped with a
restaurant and souvenir shop.

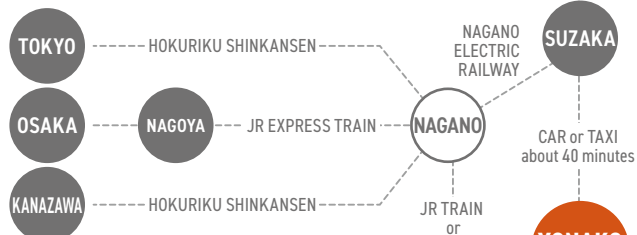


ACCESS

When coming by car



When coming by train



When coming by plane



About driving

It takes about 40-minutes to drive to the Yonako Falls
parking lot from central Suzaka City. As the road is narrow,
vehicles larger than 10-passenger vans are not allowed.

The road is closed for winter from mid-
November to early May.

Vehicle restrictions and shuttle bus information during autumn

During the peak of autumn leaf season, private
vehicles (except 2-wheeled vehicles)
are not permitted on weekends and national holidays,
and a shuttle bus service is offered (for a fee).
For details, please inquire with the Shinshu
Suzaka Tourism Association.

TAXIS

HOKUSHIN TAXI ☎026-245-5353
TSUBAME NAGADEN TAXI ☎026-245-0351

RENTAL CARS

CAR STA RENTACAR ☎026-245-0375
SUKO SHARYO HANBAI ☎026-245-1018
NICONICO RENTACAR ☎026-245-1618

General Incorporated Association Shinshu Suzaka Tourism Association

1295-1 Suzaka, Suzaka City, Nagano Pref. 382-0077 TEL.026-215-2225
<https://www.suzaka-kankokyokai.jp>

Suzaka City Industrial Promotion Department Commercial Tourism Division

1295-1 Suzaka, Suzaka City, Nagano Pref. 382-0077 TEL.026-248-9005
<https://www.city.suzaka.nagano.jp>

Yonako Falls Information



SHINSHU
SUZAKA

Japan's 100 Best Waterfalls

Yonako Falls

よなこだいばくふ
米子大瀑布

Yonako Falls

- Things to Remember for Your Walk

1. Wear clothing suitable for trekking.

There are steep inclines and slippery spots.
Please wear hiking shoes or other suitable footwear.
The weather can change suddenly on the mountain,
so please bring rain gear and protection against the cold.

2. It is difficult to pick up a cellular signal in this area.

Yonako Falls is located in an area that has bad cellphone reception.
Please be careful.

3. Please take your trash with you.

The area around Yonako Falls is a national park.
Please make sure to take any trash home with you.

4. Make sure to bring enough drinking water with you.

There are no vending machines in the area around Yonako Falls,
and the river water is not potable. Please make sure to bring
enough drinking water and provisions with you.

5. Beware of bears and other wild animals.

Bears and wild boars live on the mountain.
Please bring a bear bell with you or make sure to ring
the bear bells along the hiking path as you walk.

national site of scenic beauty.

national site of scenic beauty.

Yonako Falls

Yonako Falls is the name used to refer to the two waterfalls Fudo Falls (89m drop) and Gongen Falls (82m drop) that flow from the precipice of the Mt. Azumaya volcano caldera, which is made up of several peaks. It has been selected as one of Japan's 100 Waterfalls. The two Yonako waterfalls have also been designated a national site of scenic beauty.

Fudo Falls can be approached almost directly below it, and from the opposite shore of the Yonako River, you can view both Fudo Falls and Gongen Falls at the same time.



Beware of bears!
Ring the bear bells along the trail as you walk.

The road to Mt. Urakura is not currently passable as of April 2024.

Yonako Fudosen Okunoin Temple

Yonako Fudosen Okunoin Temple, which was built between the two waterfalls, is considered one of Japan's three main Fudosen temples alongside Chiba's Narita Fudosen and Niigata's Sugatani Fudosen.



Yonako Mine Remains

The plateau that can be seen from in front of Yonako falls was once the site of the sulfur producing Yonako mine. At the height of its prosperity, approximately 1500 people involved with the mine lived in the area, and there were also facilities such as a medical clinic and school. At the time, a cable car transporting supplies and commodities ran from Yonako mine to where Suzaka Station currently stands.

Plants that can be seen from the trail

Anemone,
Buttercup family

Best time to see
May~Jun



Perennial herbs grow in clusters in the forest and the grasslands of the foothills. Showered by the warmth of the spring sun, the atmosphere of the blooming bunches will soothe your soul. They bloom at height of approximately 15 - 25 cm.

Thalictrum,
Buttercup family

Best time to see
Aug~Sep



The Japanese name is derived from the shape of its flower, which looks like a larch leaf. The stem leaf is a compound leaf that splits into 3 or 4 branches, and there is a small leaf (stipule) at the junction of the branch and petiole. It stands at a height of roughly 80 cm.

*Picking plants and flowers is not permitted in national parks.

Kimyo Falls

The road to Kimyo Falls is not currently passable as of April 2024.



Fudo Falls 89m drop

The drops of the water spread gently creating a mist reminiscent of a lace curtain. It has been known as a site for purification rituals for the followers of Shugendo, or mountain worship, since ancient times. Even today, you can see people standing under the waterfall undergoing ritual ablutions.

Gongen Falls 82m drop

The flowing water falls with a roar directly into its waterfall basin. The reds and yellows of the autumnal leaves and the waterfall that can be seen from the shade of the trees are popular spots for photography enthusiasts.



Amayadori-iwa

This enormous natural boulder is said to have provided ancient mountain ascetics shelter from the rain.



Walking sticks for public use.

Make sure to bring drinking water with you.
There are no vending machines in the Yonako Falls area.

One revolution around the trail (approx. 3 km) takes roughly 2 hours.

Private cars are prohibited on weekends and national holidays during the peak season for autumnal leaves.

*It is recommended to walk trail counterclockwise.